



QUOTES

The Beginning

The secret to a rich life is
to have more beginnings than endings.

(David Weinbaum)

Life is ours to be spent, not to be saved.

(D.H. Lawrence)

Why wait? Life is not a dress rehearsal.
Quit practicing what you're going to do, and just do it.
In one bold stroke you can transform today.

(Marilyn Grey)

Only those who will risk going too far
can possibly find out how far one can go.

(T.S. Elliot)

There is no such thing in anyone's life
as an unimportant day.

(Alexander Woollcott)

If you think you're too small to make a difference,
you haven't been in bed with a mosquito.

(Anita Roddick)

You may be disappointed if you fail,
but you are doomed if you don't try.

(Beverly Sills)

One of the greatest pains to human nature
is the pain of a new idea.

(Walter Bagehot)

The important thing is to not stop questioning.

(Albert Einstein)

The minute you choose to do what you really want to do
it's a different kind of life.

(Buckminster Fuller, Inventor and Philosopher)

Opportunity dances with those
who are ready on the dance floor.

(H. Jackson Brown, Author)

You don't get to choose how you're going to die. Or when.
You can only decide how you're going to live. Now.

(Joan Baez, Singer)

You are today where your thoughts have brought you,
you will be tomorrow where your thoughts take you.

(James Allen, Author)

I'm not a has-been. I'm a will-be.

(Lauren Bacall)

Life isn't about finding yourself.
Life is about creating yourself.

(George Bernard Shaw)

You are never given a wish
without also being give the power to make it true.
You may have to work for it, however.

(Richard Bach)

And in the end, it's not the years in your life that count.
It's the life in your years.

(Abraham Lincoln)

You are the one who can stretch your own horizon.

(Edgar F. Magnin)



The Path

We cannot become what we want to be
by remaining what we are.

(Max DePree)

Change is fun and exciting and, like a haircut,
looks funny at first; but once you get used to it, it's great.

(Anne Blair)

Some men see things as they are, and say, „Why?“
I dream of things that never were, and say, „Why not?“

(George Bernard Shaw)

The only way to discover the limits of the possible
is to go beyond them into the impossible.

(Arthur C. Clark)

Safety is the final danger.

(Rumi)

To accomplish great things we must not only act,
but also dream, not only plan, but also believe.

If you wait too long to jump into the water,
it will become cold in the cool wind of your reservations and
your fears will be confirmed by themselves.

Man is born to live and not to prepare to live.

(Boris Pasternak)

Life is a series of lessons that must be lived to be understood.

(Ralph Waldo Emerson)

All life is an experiment.
The more experiments you make, the better.

(Ralph Waldo Emerson)

Try not. Do, or do not. There is no try.

(Yoda)

Better days occur through better ways.

(John I. Prestwood)

If there's no wind, row.

Do not follow where the path may lead.
Go instead where there is no path and leave a trail.

A ship in a safe harbor is safe,
but that is not what a ship is built for.

(William Shedd)

Small opportunities are often
the beginning of great enterprises.

(Demosthenes)

The turtle only makes progress when his neck is stuck out.

(Rollo May)

The more faithfully you listen to the voice within you,
the better you will hear what is sounding outside.

(Dag Hammarskjöld)

The vision must be followed by the venture. It is not enough to
stare up the steps - we must step up the stairs.

(Vance Havner, Author)

Every man takes the limits of his own field of vision
for the limits of the world.

(Arthur Schopenhauer, philosopher)

This moment deserves your full attention,
for it will not pass your way again.

(Dan Millman)

Even if you're on the right track,
you'll get run over if you just sit there.

(Will Rogers)

Undertake something that is difficult; it will do you good.
Unless you try to do something beyond what you have already
mastered, you will never grow.

(Ronald Osborn)



The greatest mistake you can make in life is to continually
fearing you will make a mistake.

(Elbert Hubbard)

If you find a good solution and become attached to it, the solu-
tion may become your next problem.

(Dr. Robert Anthony)

The way to develop self-confidence is to do the thing you fear.

(William Jennings Bryan)

Yesterday is history. Tomorrow is mystery. Today is a gift. That's
why it's called the present.

(Leslie Gerber)

Each day comes bearing its own gifts. Untie the ribbons.

(Ruth Ann Schabacker)

It all comes down to do.

(Peter McWilliams)

Within every moment lies opportunity. The gift is to see it.

(Peter Russell)

Many people are praying for mountains to be moved when all
they need to do is climb them.

The ability to perceive or think differently is more important
than the knowledge gained.

(David Bohm)

Definition of insanity:doing the same thing again and again
and expecting different results.

Life can be found only in the present moment. The past is gone,
the future is not yet here, and if we do not go back to ourselves
in the present moment, we cannot be in touch with life."

(Thich Nhat Hanh)

In the hope of reaching the moon men fail to see the flowers
that blossom at their feet.

(Albert Schweitzer)

Do not quench your inspiration and your imagination; do not
become the slave of your model.

(Vincent Van Gogh)

All appears to change when we change.

(Henri Amiel, 19th-century Swiss writer)

That the birds of worry and care fly over your head,
this you cannot change,
but that they build nests in your hair, this you can prevent.

(Chinese Proverb)

The Goal

We need to learn to set our course by the stars,
not by the lights of every passing ship.

(Omar Bradley)

Life is painting a picture, not doing a sum.

(Oliver Wendell Holmes, Jr.)

If you want to be happy, set a goal that commands your
thoughts, liberates your energy, and inspires your hopes.

(Andrew Carnegie, Industrialist)

If you don't have a vision, then your reality will always
be determined by other's perceptions.

(Melanée Addison, Author)

Destiny is not a matter of chance--it is a matter of choice.
It is not a thing to be waited for--it a thing to be achieved.

(William Jennings Bryan)

It takes a certain level of aspiration before one can take
advantage of opportunities that are clearly offered.

Never look down to test the ground
before taking your next step;
only he who keeps his eye fixed on the far horizon
will find his right road.

(Dag Hammarskjöld)

All my life I wanted to be somebody.
But I see now I should have been more specific.

(Jane Wagner)

Nothing happens unless first a dream.

(Carol Sandburg)



Anything or anyone that does not make you feel fully alive
is too small for you.

(Dana Nunnelly)

Often people attempt to live their lives backwards;
They try to have more money, in order to do more
of what they want, so they will be happier.
The way it actually works is the reverse.
You must first be who you really are,
then do what you need to do,
in order to have what you want.

(Margaret Young)

Everyone thinks of changing the world
but no one thinks of changing himself.

(Leo Tolstoy)

What we need is more people who specialize in the impossible.

(Theodore Roethke)

To be an explorer is to have a dream. Your dream gives your life
direction and helps you navigate day-to-day decisions.

(Robert Ballard)

The only place where your dream becomes impossible
is in your own thinking.

(Robert H. Schuller)

The greatest danger is that we will wake up on day and find we
have not lived our own life, but someone else's.

(David Whyte)

Direction is more important than speed.
Sometimes we are so busy looking at our speedometers
that we lose track of where we are going.

The Obstacles

Obstacles are like wild animals.
They are cowards but they will bluff you if they can.
If they see you are afraid of them, they are liable
to spring upon you: but if you look them squarely in the eye,
they will slink out of sight.

(Orison Swett Marden)

It is easier to go down a hill than up, but the view is from the top.

Hate is like acid. It can damage the vessel in which it is stored
as well as destroy on which it is poured.

(Ann Landers)

One of the secrets of life is to make stepping stones
out of stumbling blocks.

You can either complain that rose bushes have thorns -
or rejoice that thorn bushes have roses.

Problems are the price of progress.
Don't bring me anything but trouble.
Good news weakens me.

(Charles F. Kettering)

It is what we think we know already
that often prevents us from learning.

(Claude Bernard)

View a negative experience in your life like you'd look at a
photo negative. A single negative can create an
unlimited number of positive prints.

(Gerhard Gschwandtner)

It is not because things are difficult that we do not dare;
it is because we do not dare that they are difficult.

(Lucius Annaeus Seneca, Roman philosopher and writer)

Life is 10% of what happens to you,
and 90% of how you respond to it.

I've lived through many terrible things in my life,
some of which have actually happened.

(Mark Twain)

When you are face to face with a difficulty,
you are up against a discovery.

(Lord Kelvin)

There is no such thing as a problem without a gift
for you in its hands.

(Richard Bach)



The measure of success is not whether you have a tough problem to deal with, but whether it is the same problem you had last year.

(John Foster Dulles)

Some men have thousands of reasons why they cannot do what they want to; all they need is one reason why they can.

(Willis Whitney)

All things are difficult before they are easy.

(Thomas Fuller)

Mistakes are the portals of discovery.

(James Joyce)

That's what learning is, after all:
not whether we lose the game, but how we lose
and how we've changed because of it,
and what we take away from it that we never had before,
to apply to other games.

Losing, in a curious way, is winning.

(Richard Bach)

Nothing would be done at all if a man waited until he could do it so well that no one could find fault with it.

(Cardinal Newman)

I am not discouraged, because every wrong attempt discarded is another step forward.

(Thomas Edison)

The significant problems we face cannot be solved at the same level of thinking we were at when we created them.

(Albert Einstein)

In the beginner's mind there are many possibilities.
In the expert's mind, very few.

(Shunryu Suzuki)

If you hear a voice within you say 'you cannot paint, then by all means paint, and that voice will be silenced.

(Vincent Van Gogh)

A problem is a chance for you to do your best.

(Duke Ellington)

The gem cannot be polished without friction,
nor man perfected without trials.

(Confucius)

The most gifted members of the human species
are at their creative best
when they cannot have their way,
and must compensate for what they miss by
realizing and cultivating their capacities and talents.

(Eric Hoffer)

The basic difference between an ordinary person
and a warrior is
that a warrior takes everything as a challenge
while an ordinary person takes everything
as a blessing or a curse.

(Carlos Castaneda)

The Resources

You are the only person on this earth who can use your ability.

If opportunity doesn't knock, build a door.

Fall seven times, stand up eight.

To chop a tree quickly,
spend twice the time sharpening your ax.

(Chinese proverb)

I have so much to do today, that I must meditate twice as long.

(Mahatma Gandhi)

When the only tool you have is a hammer,
every problem begins to look like a nail.

(Abram Maslow)

How you respond to the challenge in the second half
will determine what you become after the game,
whether you are a winner or loser.

(Lou Holtz)



We either make ourselves miserable,
or we make ourselves strong.
The amount of work is the same.

(Carlos Castaneda)

There is a giant asleep within every man.
When the giant awakes, miracles happen.

(Frederick Faust)

Consult not your fears but your hopes and your dreams.
Think not about your frustrations,
but about your unfulfilled potential.
Concern yourself not with what you tried and failed in,
but with what it is still possible for you to do.

(Pope John XXIII)

The curious paradox is
that when I accept myself just as I am, then I can change.

(Carl Rogers)

Life shrinks or expands in proportion to your courage.

(Barbara Winter)

Communication

There are two types of people -
those who come into the room and say, "Well, here I am,"
and those who come in and say, "Ah, there you are."

(Frederick Collins)

God gave us two ears but only one mouth.
Some people say that's because He wanted us
to spend twice as much time listening as talking.
Others claim it's because He knew
that listening was twice as hard.

Treat people as if they were what they ought to be,
and you help them to become what they are capable of being.

(Johann Wolfgang von Goethe)

You can never direct a living system.
You can only hope to get its attention.

(Meg Wheatley)

People need to know you care,
before they care about what you know.

The only man who behaved sensibly was my tailor;
he took my measurements anew every time he saw me,
while all the rest went on with their old measurements and
expected them to fit me.

(George Bernard Shaw)

Silent and listen are spelled with the same letters.

When you label people, you give yourself a reason
to end your data search.

(Ferdinand Fourmas)

"The best index to a person's character is how a person treats
people who can't do them any good or can't fight back."

(Abigail Van Buren)

A man who listens because he has nothing to say
can hardly be a source of inspiration.
The only listening that counts is that of the talker who
alternatively absorbs and expresses ideas.

(Agnes Repplier)

Learning

I tell you and you forget.
I show you and you remember.
I involve you and you understand.

(Eric Butterworth)

The mind is not a vessel to be filled but a fire to be ignited.

(Plutarch)

It's not the answers that enlighten us, but the questions.

(Descouvertes)

People do their best work when they are passionately engaged
in what they are doing.

(Erie S. Raymond)



The teacher's task is to initiate the learning process
and then get out of the way.

(John Warren)

An expert is a fellow who is afraid to learn anything new
because then he wouldn't be an expert anymore.

(Harry S Truman, U.S. President)

Every child is a genius, but is enslaved
by the misconceptions and self-doubt of the adult world,
and spends much of his or her time having to unlearn
that perspective.

(Buckminster Fuller)

Play... is the mechanism that allows us to continue
to explore as adults.

(Paola Novaresio, Italian historian and writer)

To stimulate creativity,
one must develop the childlike inclination for play
and the childlike desire for recognition.

(Albert Einstein)

The only real education is self-education.

(Buckminster Fuller)

The more original a discovery,
the more obvious it seems afterwards.

(Arthur Koestler)

People are at their most mindful when they are at play.

If we find ways of enjoying our work ~
blurring the lines between work and play ~
the gains will be greater.

(Ellen Langer, Professor of Psychology, Harvard University)

They know enough who know how to learn.

(Henry Adams)

To teach is to learn twice.

(Joseph Joubert)

One of the most important aspects of teaching
is to arouse a sense of wonder.

(Rene M. Querido)

Learning is the discovery that something is possible.

(Fritz Perls)

If you can't explain it simply,
you don't understand it well enough.

(Albert Einstein)

Some people never learn anything
because they understand everything too soon.

(Alexander Pope)

The aim of education is to convert the mind
into a living fountain,
not a reservoir.

(John Mason)

We cannot teach people anything;
we can only help them discover it within themselves.

(Galileo Galilei)

The things that we truly know
are not the things we have heard or read,
but the things we have lived,
experienced and felt.

(Calvin M. Woodward)

Education is the ability to listen to almost anything without
losing your temper or your self confidence.

(Robert Frost)

Why does a child learn to walk?
Because there is no one who doubts that he will.

There can be no knowledge without emotion.
We may be aware of a truth, yet until we have felt its force,
it is not ours.

To the cognition of the brain
must be added the experience of the soul.

(Arnold Bennett (1867-1931))

Always the beautiful answer
who asks a more beautiful question.

(E.E. Cummings)

I hear and I forget.
I see and I believe.
I do and I understand.

(Confucius (551 BC - 479 BC))